



8 PRACTICAL TIPS TO HELP YOU PREPARE FOR A JOB INTERVIEW

Congratulations on securing an interview. You're one step closer to getting that job!

For most people, job interviews are daunting and nerve-wracking. If you're feeling nervous, you're not alone. Most people don't enjoy interviews.

Below is some practical advice for preparing for an interview, but let's start with how you think about this meeting with the potential new employer.

Here's the thing most people forget: An interview is a two way street.

Sure, the interviewer is seeking to find the best person to join their team. But as the job seeker, you are also interviewing them. An interview is a two-way conversation.

This is your opportunity to find out as much as you can about the job so you can make sure it's a good fit for you.

When it comes to job interviews, preparation is key.

8 practical tips to help you prepare for a job interview

1. Know your CV

Review every detail on your CV so you're prepared to answer questions about your previous employment, responsibilities and achievements.

2. Think about likely questions

Spend some time thinking about possible interview questions and prepare answers for them.

3. Go armed with examples

Job interviews are all about demonstrating transferable skills and experience. Think about some examples of things you've done previously which are relevant to this role.

4. Be confident!

Have you received recognition or positive feedback from a previous manager, peer or customer? Be prepared to talk about it. A job interview isn't the time to be humble – it's absolutely okay to 'sell' yourself and what you can do.

5. Do your research

Find out as much as you can about the person interviewing you and the organisation. This will not only improve your confidence on the day, you'll impress the interviewer with your preparation, knowledge and engagement with the job.

6. Dress for success

What we wear has an impact on how we feel. First impressions count and while you need to be dressed appropriately, make sure you're also comfortable. Getting dressed for your interview should put you in a positive, aspirational mindset. What's appropriate to wear will depend on the working environment but as a general rule, dress 'up' a little beyond what you can imagine wearing to the job.

7. Plan your travel

Do your research and find out the best way to travel to your interview and how long it will take to get there. Allow plenty of time for traffic, parking and delayed public transport.

8. The night before

Be kind to yourself and make sure you get a good night's sleep.

Looking for more guidance? Check out our [guide to common interview questions](#).